ⵙⵎⵖⵔ ⵜⴰⴱⵍⵓⵜ ⵏ ⵜⴳⵓⵔⵉ ⵙ ⵓⵙⵙⵉⵜⵖ

ⵉⵙⵓⵔⵉⴼⵏ ⵙ ⵓⵙⵓⵔⵉⴼ ⴷ ⵓⵙⵓⵔⵉⴼ ⵉ ⵙⵎⵖⵔ ⵜⴰⴱⵍⵓⵜ ⵏ ⵜⴳⵓⵔⵉ ⵙ ⵓⵙⵙⵉⵜⵖ ⴳ Express Me.

ⵣⵕ ⴰⴼⵉⴷⵢⵓ, ⴹⴼⵕ ⵉⵙⵓⵔⵉⴼⵏ, ⵏⵖ ⵍⴽⵎ ⴰⵙⴳⵎⵉ ⴰⴽⵎⵎⴰⵍ ⵉ ⵜⴰⵏⵏⵏⴰⵙⵜ ⵜⴰⵏⵏⵉⵟⵜ ⵏ ⵉⵙⵓⵔⵉⴼⵏ.

ⵏⴰⴷⵉ ⵃⵉⴷⵢⵓ

ⵉⵙⵓⵔⵉⴼⵏ ⵙ ⵓⵙⵓⵔⵉⴼ ⴷ ⵓⵙⵓⵔⵉⴼ

1. **ⵔⴰⵔ ⵜⵉⵙⵖⵓⵏⵉⵏ ⵏ ⵜⵙⵏⵙⴰ**

   ⴹⴹⴼ ⵜⴰⵎⵉⵍⵉⵜ ⵜⴰⵣⵔⴳⴰⵏⵜ ⵏ ⵓⵎⵙⴰⵡⴰⵍ ⴳ ⵓⴼⵏⵏⵏⴰ ⴰⵢⴼⴼⵓⵙ ⴷ ⵙⵜⵉ **ⵜⵉⵙⵖⵓⵏⵉⵏ ⵏ ⵜⵙⵏⵙⴰ**.

2. **ⵙⵙⵔⴳ ⴰⵙⵎⴳⵔⴰⵏ**

   ⵙⵙⵓⴷⵙ ⴰⵔ **ⵙⵙⵎⴳⵔ ⵜⴰⵡⵍⴰⴼⵜ ⵙ ⵓⵏⴰⵍ** ⴷ ⵙⵙⴳⵔ ⴰⵙⵎⴰⵜⵜⴰⵢ ⵖⵔ **ⵢⵔⴳ**.

3. **ⴰⵔⵎ ⵜⵜ**

   ⵓⵖⵓⵍ ⴷ ⴹⴹⴼ ⵜⴰⴱⵍⵓⵜ ⵏ ⵜⴳⵓⵔⵉ; ⵜⴰⵡⵍⴰⴼⵜ ⵜⵙⵙⵎⴳⵔ.

ᓄᑐᕆᒥᕄ ᓄᖏᒥᒥᓄᑎ

▼ ᓱᑐ ᓄᑐᕆᒥᕄ ᓄᖏᒥᒥᓄᑎ ᐞᕼᕄᐱᔪᐞ
ᓄᔨᐞᑎ. ᓄᐱ ᑎᑐᒥᑎᓱ ᒥᓄᒥᖏ ᓄᐱ ᕆᕆᐢᒥ ᕆᓄᑐᓴᐞᐡᕆ ᐞ ᒪᓄᒪᓄᑎ ᓄᐱ ᕆᒥᓱᑐ ᕆ ᒪᓄᖏᐞᐱ ᐞ ᒥᕄ ᕆᕆᕆᐢᒥ. ᐱᓱᔪᓄ ᒥᕄ ᕆᕆᕆᐢᓱ. ᑎᑐᕄᒪᕮ ᓱᓄᑐ ᕆᕄᒪᕆᐁᓄ.

ᔪᓄᗝ. ᒥᓄᙇᓄ ᐃᛕᕮᓄᑫ ᓄᐱ ᐃᓱᐱᐱᐞ ᑎ ᕆᑐᓴᐞᐃᕄᐞ ᑎ ᐞᕮᕼᓄᑫ ᐞ ᐞᕼᐃᐃᓄ ᓄᔪᕆᒥᓄ ᐞᕮᛕᛕ. ᑎᔪᓄᐱᓄ ᑎ ᕆᑐᓴᐞᓴᐞᐃᕄᐞ ᕆᒥᓄᐞᕆᕆᐢᕆ. ᒥᕄ ᐱ ᐃᑐᐞᐱᑎ ᕆᓄᒥᛕᛕᕮᐢᕆ ᕆᐞᕆᕆᔪᓄᕼ ᐱᓄ ᕆᒥᓴᑐ ᕆᒪᐃᓄᕼᕆ ᒥᕄ ᕆᕆᔪᓄᒥᛕ.

ᒥᕄ ᕆᐃᑎᑎᑐᕮᕆ ᐱ ᐃᖏᓄᐃ ᑎ ᐞᕮᕼᓄᑫ ᐞ ᐞᖏᑐᐞᑎ ᓄᔪᕆᒥᓄ. ᐃᛕᕮᓄᑫ ᐱᓱᔪᓄ ᓄᐱ ᐃᕉ ᔪᓄᗝ. ᐱ ᓄᐱ ᕆᛕᑫᕆ ᕆᓄᑎᖏᐞᐃᕆ ᕆᑐᑎᑎᓄᐱ ᓄᒪᓄᐃ ᐃᕉ ᑎ ᕆᕮᐃᓄᐃ ᔦ ᒪᕮᐃ ᕮᐱ ᕆᑎᑐᓄᒪᓄᐃᕆ ᐱᕮᐱᑎ.