ΘϒϚϚΟ ŧ₀⅃ⅡИ₀ЖŧŀŧϵИ₀

ϵΘ%ΟϵЖΙ Θ %ⅅϚ₀Χ ϵ ΘϒϚϚΟ ŧ₀⅃ⅡИ₀ЖŧŀŧϵИ₀ Χ Express Me.

ЖQ ₀ЖϵΛϚ%, ΕΗQ ϵΘ%ΟϵЖΙ, Ιϒ ИЯⅅ ₀Χⅅⅅ₀Ϛⅅ₀ИⅅϵϚ₀ŧ ŧΘ%ϒИŧ ŧ₀ΕQϵØŧŀϵΘ%ΟϵЖΙ.

Ι₀ΛϵΔϵΛϚ%

ϵΘ%ΟϵЖΙ Θ %ⅅϚ₀Χ

1. ### ₀ⅡⅦ₀ϒ ₀ΘЯŧϵŀϵΘ%ΟЖИ

   ŧ₀Χ ŧ₀ΙϵИ₀ŀϵΘ%ⅅ₀⅃₀ИΧ%Ж₀ΟϵŀϵЖΧЖ₀⅃ΛΘŧϵ **ΘΛ% ₀ΘΙЖИ**.

2. ### ₀ⅡⅦ₀ϒ ŧ₀ΘИ₀ŧ

   ŧ₀Χ ЯQ₀Ε ŀ ŧΙⅮⅮ₀Λ ϒ ŧΘИ₀ŧ Ⅶ₀ Χ ŧΟϵŧ ₀Λ ŧΘΙЖИŧ ŧ₀⅃ⅡИ₀Жŧ.

3. ### Θŧϵ ŧ₀⅃ⅡИ₀Жŧ

   ΘΛΟ ϒΟ **ŧ₀⅃ⅡИ₀Жŧ** Λ Θŧϵ, ₀ⅅ₀Λ₀Ϛ, **Θŧϵ Жϒ %Ιŧϵ**ΟΙϵŧ.

4. ### Θŧϵ ŧ₀⅃ⅡИ₀Жŧ

   ŧ₀Χ ŧ₀⅃ⅡИ₀Жŧ Ⅶ₀ ŧΟϵŧ ₀Λ ŧΘⅮΟΘŧ.

5. ### ΛĖ%

   ŧ₀Χ **ΘΘϵΛΟ Λ ΛĖ%** Λ ЖЖϒ Жϒ %ΟЯŧϵ ŀ %ΘΙЖИ.

ᓄᕉᑕᑕᓄᔅ ᓄᖏᑕᑕᓄᐃ

▼ ᓴᑐ ᓄᕉᑕᑕᓄᔅ ᓄᖏᑕᑕᓄᐃ ᐊ ᕿᕼᕄᐱᔅᕿ

ᓄᔭᕿᐃ. ᓄᐱ ᓄᒪᐊ ᐅᑕᓄᐃᓴ ᒪᓄᒪᖏ ᓄᐱ ᕈᐅᐱᐱᐃᕈ ᕈᓄᒪᐃᓄᕼᕈ ᐊ ᕈᕉᐃᓄᔅᕈ. ᓄᐱ ᐊᔭᐅᕄ ᐱᓄᕈ ᐅ ᕿᐅᖏᓄᑐ ᐊ ᕿᐅᐊᐃᕼᐃ ᓄᑲᖏᕿ ᐊᐅᕿᓄᐱ ᐊᓄᒪᐃᓄᕼᕈ ᐊ ᕈᓄᖏᐅᕄ. ᓄᐱ ᐊᔭᐅᕄ ᐱᓄᕈ ᓄᐱ ᐊᐅᐅᕈᕈᓴ ᓴᕼ ᕈᐅᒪᕿᐅᕈ ᕈᓄᔭᐅᔮᐊᕈ ᓴ ᕿᕼᓄᐅᕄ ᓄᔅᓄᕼᐊᐊ. ᓄᐱ ᐊᔭᐅᕄ ᐱᓄᕈ ᐅ ᕿᐅᐅᐊᕈᓴ ᓄᐊᐊᐃᕿᐅᐃ ᐊ ᕈᓄᖏᐅᕄ.

ᐱ ᓄᐱ ᐊᐅᐅᕈᕈᓴ ᓴᕼ ᖇQᓄE ᐊ ᕈᐊᙅᙅᓄᐱ ᕄᐱ ᐱ ᕄᕼᕼᓴᐊ ᓴ ᕿᕼᓄᐅᕄ ᓄᔅᓄᕼᐊᐊ ᓴ ᕈᕉᐃᓄᔅᕈ ᐊ ᕈᓄᖏᐅᕄ. ᐱ ᓄᐱ ᐊᔭQ ᐱᓄ ᖇ᙮ᙏᙏ᙮ ᐅᓄᔅᐱ ᐊᔭEᓄQ ᓄᐱ ᐊᐅᐊᕼᐃ. ᐅᖏ ᓄᐱ ᐊᐅᖏᐅ᙮ᐃ ᕈᕄᖏᐃᕈ ᐅ ᒪᓄᐱᐱᓄᔅ. ᓄᐱ ᕈᔭQᕈ ᐱᓄ ᐅᓄᔅᐱ ᕄᐅᔅᓄᒪᐅᐊ ᓴᐅᓄᒪᐅᐊ ᓄᐱ ᐊᐅᖏᑕ. ᐊᔭEᓄQ ᓄᐱ ᐊᐅᖏᑕ ᕈᓄᒪᐃᓄᕼᕈ ᐅ ᕈᖏᓄᐅᕄᓄᕈ ᙏᓴ.

ᐊᔭEᓄQ ᓄᐱ ᐊᐅᕈᕄ ᐅᔅ ᕈᔅᐃᕿᕄᐅᕄᕈ ᙏᓴ. ᐊᔭEᓄQ ᓄᐱ ᐊᐅᕈᕄ ᖇᑕᓄ ᐅᔅ ᕿᐊᕈᕄᐊᕄᕈ ᐊᓴ ᓄᐱ ᐊᐅᕈᕄ ᓄᐱ ᕿᑕ ᐊᐅᐅᕿᐱᐅ ᕈᓄᒪᐃᓄᕼᕈ. ᓄᐱ ᐊᐅᕈᕄ ᐱᓄ ᐅᔅ ᕿᐊᕈᕄᐊᕄᕈ. ᐅᖏ ᓄᐱ ᐊᐅᐅᕈᕈᓴ ᐱᓄ. ᓄᐱ ᐊᔭQ ᕈᓄᒪᐃᓄᕼᕈ ᕈᕄᕼᐃᓄᕼᕄᐊ ᕼᕿᕿᕿᐃᐊᕼᐃ ᐊ ᕈᓄᖏᐅᕄ.

ᕉ ᕿᖏᖏᕿᐅ ᓄᐱ. ᓄᐱ ᐅᕈᕄᓴ ᕈᓄᒪᐃᓄᕼᕈ ᐊ ᕿᕼᓄᐅᕄ ᓄᔅᓄᕼᐊᐊ. ᓄᐱ ᐊᔭQ ᐱᓄ ᕈᓄᒪᐃᓄᕼᕈ ᕈᕿᕈᕿᐃᐊᕼᐃ. ᓄᔅᐱ ᕄᕉᐊ ᓄᐱ ᐊᐅᖏᑕ ᐱ ᓄᐱ ᐊᐅᐅᕄᕈᓴ ᓴᕼ ᕿᐅᕄᕉᕉᔭ. ᐱ ᓄᐱ ᐊᕼᕼᓴ ᐅᕉ ᕿᐅᖏᓄᐅ ᐊ ᕿᐊᕼᐃ.

ᐱ ᓄᐱ ᐊᔭQ ᐱᓄ ᕈᓄᒪᐃᓄᕼᕈ ᐊ ᕈᓄᖏᐅᕄ ᕈᕿᕈᕿᐃᐊᕼᐃ.