ᖁᓄᐻᒪᕮᖁ ᐊ ᕿᕼᕮᐱᔆᕿ

ᕮᐅᕿᑐᕮᕼᐃ ᐅ ᕿᒪᔆᓄᐟ ᕮ ᖁᓄᐻᒪᕮᖁ ᐊ ᕿᕼᕮᐱᔆᕿ ᚷ Express Me.

ᚕᑫ ᓄᕼᕮᐱᔆᕿ, ᕮᕼᑫ ᕮᐅᕿᑐᕮᕼᐃ, ᐃᖃ ᐁᖅᒪ ᓄᚷᒪᒪᓄᔆ ᓄᖅᒪᒪᓄᐁ ᕮ ᔆᓄᖁ ᖁᐅᕿᖃᐁᖁ ᖁᓄᕮᑫᕮᖁ ᐊ ᕮᐅᕿᑐᕮᕼᐃ.

ᐊᓄᕮ ᐃᔆᐱᔆᕿ

ᕮᐅᕿᑐᕮᕼᐃ ᐅ ᕿᒪᔆᓄᐟ

1

ᑐᚕᒪ ᓄᕼᕮᐱᔆᕿ

ᐅᐅᐁᙆᐱ ᔆᓄᖁ ᖁᓄᐅᕮᐁᓄ ᐊ ᕿᕼᕮᐱᔆᕿ; ᓄᕼᕮᐱᔆᕿ ᐱ ᕮᖁᖁᑐᚕᒪ ᖃ ᕿᚷᐱᕮᐁ ᓄᖅᒪᒪᓄᐁ.

2

ᐅᐅᕿᐱᐅ ᓄᕼᕮᐱᔆᕿ

ᐅᐅᒪᑐᐅ ᓄᐅᐄᐱᐱ ᐱ ᓄᑐᓄᔆ ᚷ ᕿᐱᐱᓄᔆ ᐊ ᕿᕼᕮᐱᔆᕿ ᓄᖅᐱ ᓄᐱ ᖁᐅᐅᕿᐱᐅᖁ ᓄᕼᕮᐱᔆᕿ.

3

ᑐᚷᐁ ᓄᕼᕮᐱᔆᕿ

ᐅᐅᐁᙆᐱ ᖁᓄᒪᕮᔆᖁ ᐊ ᕿᑐᚷᐁ ᚷ ᕿᕻᓄᐅᕮ ᓄᔆᕼᕻᕿᐅ; ᓄᕼᕮᐱᔆᕿ ᐱ ᕮᖅᒪᒪᐁ ᐅ ᕿᒪᑐᕿᕮ.

ᓄᖃᒪᒐᓴ ᓄᖅᑕᒪᒐᐃ

▼ ᓱᑐ ᓄᖃᒪᒐᓴ ᓄᖅᑕᒪᒐᐃ ᐊ ᕿᕼᕄᐱ�breakᕿ

ᓄᙱᕿᐃ. ᓄᐱ ᓄᒪᐊ ᐅᒋᓄᐃᓱ ᒪᓄᒪᖅ ᓄᐱ ᕆᑐᙱᒪ ᕆᓄᖃᕿᑕᒪᓄ ᐊ ᕿᕼᕄᐱ�breakᕿ. ᐃᙱᑫᓄ ᐱᓄ ᐅᕄᐊ ᐊ ᕆᖃᕿᑕᒪᕄᕆᐊᕄ. ᕆᓄᔭᓂᓄ ᕆᖃᓄ ᕆᓄᖃᕿᑕᒪᓄ ᐊ ᕿᕼᕄᐱ�breakᕿ. ᐱ ᒪᓄ ᐃᙱᕮᓄᑫ ᓄᐱ ᐃᐅᖅᑐ ᐅ ᕿᐅᕄᐊᐊᕄᔭ ᐱᓄ ᐃᕆᕆᖅᐃᕄᖅᕄ.

ᐱ ᕄᐊᐊᓄ ᓄᐱ ᕄᕆᕆᐅᙱᒪ ᕿᕼᕄᐱ�breakᕿ ᓱ ᕿᖃᓄᐱᕄᐅ ᓄᖅᖅ". ᐱ ᓄᐱ ᐃᙱᑫ ᓄᕼᕄᐱ�breakᕿ. ᒪᓄ ᐃᙱᕮᓄᑫ ᓄᐱ ᐃᐅᖅᑐ ᐱ ᓄᐱ ᕆ ᐃᐅᐅᐱ ᐱᓄ ᐱᐱᓄᒪ. ᐱ ᓄᐱ ᐃᖅᑕᒪᐃ ᓄᐅᕿᐅᕄᕼ. ᓱ ᕿᕼᐊᐊᓄ ᐊ ᕿᕼᓄᐅᕄ ᓄᔭᓄᕼᓄ.

ᕆᙱᕮᓄᑫ ᓄᐱ ᕆ ᕆᐅᙱᒪ. ᐱ ᕿᕼᕄᐱ�breakᕿ ᓄᐱ ᕄᖅᑕᒪᐃ ᐅ ᕿᒪᐅᐅᐃ. ᐃᙱᕮᓄᑫ ᓄᐱ ᕆ ᐃᐅᙱᒪ. ᐱ ᕆᓄᖃᕿᑕᒪᓄ ᐊ ᕿᕼᕄᐱ�breakᕿ ᓄᖅᖅ" ᓄᔭᓄ.